

Areola & Nipple Tattooing

Information for Medical Professionals

SAFETY, HYGIENE & EXPECTED OUTCOMES

The clinic operates with strict protocols:

- Single-use sterile needles
- Medical-grade pigments
- Clinical hygiene standards
- Comprehensive consent process

Patient safety and skin integrity are prioritised at all times.

The treatment aims to:

- Restore visual completeness
- Improve symmetry
- Support psychological wellbeing

Considerations:

- Multiple sessions may be required
- Pigment retention varies
- Periodic refresh may be needed

TREATMENT OVERVIEW & INDICATIONS

The treatment involves the implantation of pigment into the dermal layer to recreate:

- Areola colour
- Shape and symmetry
- Nipple definition (including 3D illusion where appropriate)

Each treatment is customised to the individual patient, taking into account skin tone, surgical outcome, and personal preference.

Areola tattooing may be appropriate following:

- Mastectomy
- Breast reconstruction
- Breast reduction or uplift
- Surgical scarring or trauma

The treatment is suitable for both unilateral and bilateral cases.

WORKING WITH SCAR TISSUE & CLINICAL APPROACH

Scar tissue presents specific challenges:

- Variable pigment retention
- Altered skin texture
- Increased sensitivity

Treatment is adapted accordingly, using a conservative and staged approach.

Treatment is carried out with:

- Detailed consultation and assessment
- Careful colour matching
- Staged sessions to build results gradually
- Ongoing evaluation throughout the process

The aim is a natural, balanced outcome.

PATIENT SUITABILITY & TIMING GUIDELINES

Patients are generally suitable when:

- Surgical sites are fully healed
- There are no active complications
- The patient is medically cleared
- The patient is emotionally ready

Each case is assessed individually.

Treatment is typically carried out:

- 6–12 months post-surgery (guideline)
- Once scars are stable and matured
- Following sign-off from the medical team

Earlier treatment may be considered on a case-by-case basis.

PRACTITIONER PROFILE

Luisa Krayem

- 25+ years industry experience
- 11+ years specialising in tattooing procedures
- Advanced training in paramedical techniques
- Focus on natural, subtle outcomes

The clinic is known for a careful, patient-led approach.

WORKING WITH MEDICAL TEAMS & REFERRAL PROCESS

We are experienced in supporting patients following breast surgery and are happy to:

- Liaise with medical teams where appropriate
- Align treatment timing with recovery
- Follow any specific clinical considerations

Our approach is collaborative and patient-centred.

Patients can be referred by:

- Direct recommendation
- Providing clinic details
- Email introduction (if appropriate)

CONSULTATION PATHWAY

Initial consultation
Suitability assessment
Treatment planning
Staged treatment sessions

INTRODUCTION

Areola and nipple tattooing is a specialised paramedical procedure used to restore the appearance of the areola complex following breast surgery.

It is often considered the final stage of reconstruction, supporting both aesthetic outcome and patient confidence.

This document provides an overview of the treatment, patient suitability, and referral considerations.

CONTACT US

Subtle Results.
Clear Boundaries.
Honest Advice.



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Parking
We have plenty of free on-site parking available. The clinic is set in a private, peaceful location with easy access.



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